



**REPUBLIC OF BULGARIA
ANTIDOPING CENTRE**



APPROVED:

Violeta Zarkova, MD
/Executive Director/

INSTRUCTION

**ON THE MANAGEMENT OF THE ANTIDOPING CENTRE`S TESTING
POOL**

2021

CHAPTER ONE GENERAL PROVISIONS

Art. 1. This procedure determines the order and the way of managing the Testing Pool of the Antidoping Centre.

Art. 2. The Antidoping Centre's Testing Pool might include athletes who meet any of the criteria listed below.

Art. 3. (1) The athletes who are part of the Antidoping Centre's Testing Pool, are subject of testing both during a competition and also out-of-competition period.

(2) Athletes who are part of the Antidoping Centre's Testing Pool should be tested at least once per year.

Art. 4. (1) The Antidoping Centre determines the list of the athletes for its Testing Pool at the beginning of each calendar year.

(2) The list should be reviewed at least once every quarter and updated if necessary.

Art. 5. This instruction is published on Antidoping Centre's website.

CHAPTER TWO CRITERIA FOR INCLUSION ATHLETES IN THE ANTIDOPING CENTRE'S TESTING POOL

Art. 6. (1) The criteria for inclusion athletes in the Antidoping Centre's Testing Pool are as follows:

1. An athlete who participates in sport with moderate to high risk assessment of doping use, determined by the Antidoping Centre;
2. An athlete, who is part of a national team, is competing or has gained quota/has been selected to participate in an international sporting events, but does not meet the criteria for inclusion in the Antidoping Centre's Registered Testing Pool;
3. Any athlete under the jurisdiction of the Antidoping Centre who meets any of the factors for targeted testing, pursuant to art. 4.5.3 of the International Standard for Testing and Investigations (ISTI) (prior anti-doping rule violations, prohibited association, sudden major improvements in performance, suspicious whereabouts filing patterns and etc.);

(2) Antidoping Centre has the right to exclude any athlete from its Testing Pool at any time, if it deems that he/she does not meet the criteria of the preceding paragraph.

CHAPTER THREE WHEREABOUTS INFORMATION REQUIREMENTS

Art. 7. (1) The Antidoping Centre notifies in writing any athlete (personally or through the relevant licensed sporting organization) upon their inclusion in its Testing Pool.

(2) In the notification letter to the athlete the Antidoping Centre sets the deadlines, the way of providing whereabouts information, and the consequences in case of failure to comply with these requirements.

(3) The athletes that are included in the Testing Pool shall provide information until they are notified in written form about their exclusion.

Art. 8. (1) The whereabouts information shall be provided through the Anti-Doping Administration and Management System (ADAMS) or other appropriate means, determined by the Antidoping Centre.

(2) Any athlete could delegate his/her obligation for submitting whereabouts information under the previous article to a third person (coach, parent, representative from the relevant licensed sporting organization, etc.), but only he/she remains responsible for meeting the related requirements.

(3) When necessary, the Antidoping Centre creates a profile in ADAMS of the person under paragraph 2 (if the information has to be submitted through ADAMS) and assists in working with the system if there is such need.

Art. 9. (1) The whereabouts information shall include the following data:

1. Accurate address of trainings/camps;
2. Date of trainings/camps;
3. Start and end time of each training;
4. Information regarding upcoming competitions (tournaments, official and friendly matches and etc.);
5. Overnight accommodation for each day of the period, for which the athlete is part of the Testing Pool.

(2) In case of changes in the whereabouts the athlete is required to update the submitted information as soon as possible. The information under paragraph 1 should always be complete, accurate and up-to-date.

(3) In case of a temporary disabled ADAMS environment or a technical problem with an account (only when the whereabouts submission happens through ADAMS) and occurred changes in his/her whereabouts information, the athlete should inform the Antidoping Centre about it via e-mail or other channel of communication. When the ADAMS environment is enabled or the technical problems are fixed, the information should be updated in the system as soon as possible.

(4) The athletes are required to be available for testing, pursuant to the submitted whereabouts information.

CHAPTER FOUR WHEREABOUTS FAILURES AND SANCTIONS

Art. 10. Whereabouts filing failure represents:

1. Failure to provide whereabouts information within the specified deadline;
2. Provided incomplete and inaccurate whereabouts information ;
3. Unsuccessful testing attempt of an athlete.

Art. 11. (1) In case of a first failure to comply under Art.10 by an athlete, the Executive Director of the Antidoping Centre sends a reprimand to the athlete (personally or through the relevant licensed sporting organization), in which reminds his/her to be compliant with the requirements and for the consequences of a second failure to comply.

(2) In case of a second failure to comply under Art.10 by an athlete, the Executive Director of Antidoping Centre notifies in writing his/her with official letter (personally or through the relevant licensed sporting organization), in which informs his/her that he/she will be included in the Registered Testing Pool of the Antidoping Centre and for all of the obligations, rights and responsibilities related to this inclusion.

CHAPTER FIVE CONFIDENTIALITY

Art. 12. The Antidoping Centre always stores the submitted whereabouts information in full confidentiality and uses it only for the purposes of planning, coordinating and conducting of doping control or establishment of possible anti-doping rule violations.