

To be completed by the Athlete	
Surname:	First name:
Date of birth:	Nationality:
Sport:	Level of Competition at Retirement (National, International or Professional):
Exact date of retirement (please include a copy of the written retirement notice sent to <u>each</u> ADO that included the Athlete in its RTP):	
Reason(s) for retirement:	
RTP at time of retirement (please specify which NADO and/or IF, as applicable. Also, if the Athlete was included in two RTPs at the time of retirement (i.e., NADO and IF), please specify which ADO received the Athlete's whereabouts filings):	
Anti-Doping History (please indicate if you have ever been found to have committed an anti-doping rule violation(s). Also, please indicate the anti-doping rule violation(s) committed and the Consequences imposed):	
Reason(s) for return to Competition and level of Competition at which the Athlete wants to return (National, International or Professional):	
Grounds for request (including why a strict application of the 6-month notice requirement is manifestly unfair):	



Return date sought (including the specific event(s) within the 6 month notice period at which the Athlete wants to compete and whether this (these) event(s) is (are) a qualifying event(s) for a major event (please specify the major event) that will occur after the expiry of the 6 month notice period). Also, please specify if the exemption being sought is for a single event only (please provide the details regarding the event):

Athlete's Signature:

Date: